ALDINE K-12 BREAKFAST MENU

SEPTEMBER 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
It's About Us Serving You !	Menus subject to change due to unforeseen circumstances (distributor/vendor outages, etc.)	Visit our website at www.aldinecafe.com for additional Information.	Fresh Selection – made with fresh fruit or vegetable Whole Grain – made with whole grain ingredients	
3	4 CHICKEN & BISCUIT 100 % FRUIT JUICE or FRESH FRUIT LOW-FAT 1% or FAT FREE MILK	5 OATMEAL OR WHOLE GRAIN CEREAL LOW FAT YOGURT 100 % FRUIT JUICE or FRESH FRUIT LOW-FAT 1% or FAT FREE MILK	6 BREAKFAST TACO 100 % FRUIT JUICE or FRESH FRUIT LOW-FAT 1% or FAT FREE MILK	7 WHOLE GRAIN BREAKFAST SELECTION 100 % FRUIT JUICE or FRESH FRUIT LOW-FAT 1% or FAT FREE MILK
10 PANCAKES BREAKFAST POTATO 100 % FRUIT JUICE or FRESH FRUIT LOW-FAT 1% or FAT FREE MILK	11 SAUSAGE & BISCUIT 100 % FRUIT JUICE or FRESH FRUIT LOW-FAT 1% or FAT FREE MILK	12 OATMEAL OR WHOLE GRAIN CEREAL LOW FAT YOGURT 100 % FRUIT JUICE or FRESH FRUIT LOW-FAT 1% or FAT FREE MILK	13 SCRAMBLED EGGS WAFFLE BREAKFAST LINK 100 % FRUIT JUICE or FRESH FRUIT LOW-FAT 1% or FAT FREE MILK	14 WHOLE GRAIN BREAKFAST PIZZA 100 % FRUIT JUICE or FRESH FRUIT LOW-FAT 1% or FAT FREE MILK
17 WHOLE GRAIN FRENCH TOAST 100 % FRUIT JUICE or FRESH FRUIT LOW-FAT 1% or FAT FREE MILK	18 CHICKEN & BISCUIT 100 % FRUIT JUICE or FRESH FRUIT LOW-FAT 1% or FAT FREE MILK	19 OATMEAL OR WHOLE GRAIN CEREAL LOW FAT YOGURT 100 % FRUIT JUICE or FRESH FRUIT LOW-FAT 1% or FAT FREE MILK	20 PANCAKE SAUSAGE SANDWICH 100 % FRUIT JUICE or FRESH FRUIT LOW-FAT 1% or FAT FREE MILK	21 WHOLE GRAIN BREAKFAST SELECTION 100 % FRUIT JUICE or FRESH FRUIT LOW-FAT 1% or FAT FREE MILK
24 PANCAKES BREAKFAST POTATO 100 % FRUIT JUICE or FRESH FRUIT LOW-FAT 1% or FAT FREE MILK	25 SAUSAGE & BISCUIT 100 % FRUIT JUICE or FRESH FRUIT LOW-FAT 1% or FAT FREE MILK	26 OATMEAL OR WHOLE GRAIN CEREAL LOW FAT YOGURT 100 % FRUIT JUICE or FRESH FRUIT LOW-FAT 1% or FAT FREE MILK	27 SCRAMBLED EGGS WAFFLE BREAKFAST LINK 100 % FRUIT JUICE or FRESH FRUIT LOW-FAT 1% or FAT FREE MILK	28 WHOLE GRAIN BREAKFAST PIZZA 100 % FRUIT JUICE or FRESH FRUIT LOW-FAT 1% or FAT FREE MILK

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