ALDINE MIDDLE SCHOOL

SEPTEMBER 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
It's About Us Serving You ! cafe•com ALDINE I.S.D.	**Menus subject to change due to unforeseen circumstances (distributor/vendor outages, etc.)**	**Visit our website at www.aldinecafe.com for additional Information.**	**Fresh Selection – made with fresh fruit or vegetable** **Whole Grain – made with whole grain ingredi-**	
3 	**4** **SPAGHETTI** **W/ BREADSTICK** **OR** **HAMBURGER** **OR** **PIZZA** STEAMED CRINKLE CUT CARROTS GREEN BEANS FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	**5** **CHICKEN FAJITAS** **OR** **PIZZA** **OR** **CHEF SALAD** PINTOS FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	**6** **HOT DOG** **OR** **CHICKEN SANDWICH** **OR** **PIZZA** COLE SLAW BAKED BEANS FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	**7** **BAKED POTATO BUILD** **OR** **HOT WINGS** **OR** **PIZZA** **CHICKEN POPPER SALAD** BROCCOLI CELERY & CARROT STICKS FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK
10 **CHICKEN BREAST** **OR** **PIZZA** **OR** **CHEF ENTRÉE SALAD** MASHED POTATO STEAMED BABY CARROTS FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	**11** **MEATBALL MARINARA PASTA BOWL** **OR** **HAMBURGER** **OR** **PIZZA** VEGETABLE MEDLEY FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	**12** **BEEF & BROCCOLI STIR FRY** **OR** **PIZZA** **OR** **BERRY ALMOND SALAD** PACIFIC BLEND BROCCOLI FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	**13** **ENCHILADAS** **OR** **CHICKEN SANDWICH** **OR** **PIZZA** CORN SALSA PINTOS FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	**14** **OVEN ROASTED CHICKEN** **OR** **TURKEY BURGER** **OR** **PIZZA** **CHICKEN POPPER SALAD** SWEET POTATO WAFFLE FRY SAVORY CABBAGE FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK
17 **TOASTED SUB** **OR** **PIZZA** **OR** **CHEF ENTRÉE SALAD** SPRING BLEND CORN FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	**18** **CHICKEN PARMESAN** **OR** **HAMBURGER** **OR** **PIZZA** STEAMED CARROTS GREEN BEANS FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	**19** **STREET TACOS** **OR** **PIZZA** **OR** **BERRY ALMOND SALAD** PICO DE GALLO PINTOS FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	**20** **TURKEY& GRAVY** **W/ BROWN RICE & BREADSTICK** **OR** **CHICKEN SANDWICH** **OR** **PIZZA** GREEN BEANS SWEET POTATOES FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	**21** **BAKED POTATO BUILD** **OR** **CHICKEN TENDERS** **OR** **PIZZA** **CHICKEN POPPER SALAD** BROCCOLI FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK
24 **STEAK & GRAVY** **W/ HOTROLL** **OR** **PIZZA** **OR** **CHEF ENTRÉE SALAD** MASHED POTATO STEAMED BABY CARROTS FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	**25** **CHICKEN ALFREDO PASTA BOWL** **OR** **HAMBURGER** **OR** **PIZZA** VEGETABLE MEDLEY TOSSED SALAD FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	**26** **TERIYAKI CHICKEN** **W/ BROWN RICE** **OR** **PIZZA** **OR** **SOUTHWEST CHICKEN SALAD** STIR-FRY VEGGIES CABBAGE FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	**27** **FIESTA SALAD BOWL** **W/ SANTA FE RICE** **OR** **CHICKEN SANDWICH** **OR** **PIZZA** CORN SALSA PINTOS FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	**28** **OVEN ROASTED CHICKEN** **OR** **BBQ ON BUN** **OR** **PIZZA** **OR** **CHICKEN POPPER SALAD** CRISS CUT SWEET POTATOES TURNIP GREENS FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK

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