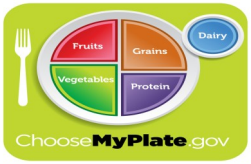
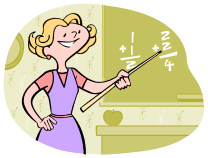
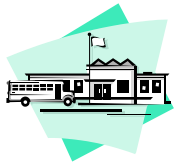
# ALDINE ISD K-12 BREAKFAST MENU

# MAY 2012

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
|  <br>Menus subject to change due to unforeseen circumstances [distributor/vendor outages, etc.] | 1<br>CHICKEN & BISCUIT<br>100 % FRUIT JUICE<br>or<br>FRESH FRUIT VARIETY<br>1% or FAT FREE MILK | 2<br>OATMEAL OR WHOLE GRAIN CEREAL<br>LOW FAT YOGURT<br>100 % FRUIT JUICE<br>or<br>FRESH FRUIT VARIETY<br>1% or FAT FREE MILK | 3<br>SCRAMBLED EGGS<br>WAFFLE<br>BREAKFAST LINK<br>100 % FRUIT JUICE<br>or<br>FRESH FRUIT VARIETY<br>1% or FAT FREE MILK | 4<br>PANCAKES<br>BREAKFAST POTATO<br>100 % FRUIT JUICE<br>or<br>FRESH FRUIT VARIETY<br>1% or FAT FREE MILK |
| 7<br>WHOLE GRAIN FRENCH TOAST<br>100 % FRUIT JUICE<br>or<br>FRESH FRUIT VARIETY<br>1% or FAT FREE MILK | 8<br>SAUSAGE & BISCUIT<br>100 % FRUIT JUICE<br>or<br>FRESH FRUIT VARIETY<br>1% or FAT FREE MILK | 9<br>OATMEAL OR WHOLE GRAIN CEREAL<br>LOW FAT YOGURT<br>100 % FRUIT JUICE<br>or<br>FRESH FRUIT VARIETY<br>1% or FAT FREE MILK | 10<br>BREAKFAST TAQUITO<br>100 % FRUIT JUICE<br>or<br>FRESH FRUIT VARIETY<br>1% or FAT FREE MILK | 11<br>WHOLE GRAIN BREAKFAST **SPECIAL**<br>100 % FRUIT JUICE<br>or<br>FRESH FRUIT VARIETY<br>1% or FAT FREE MILK |
| 14<br>WHOLE GRAIN BREAKFAST PIZZA<br>100 % FRUIT JUICE<br>or<br>FRESH FRUIT VARIETY<br>1% or FAT FREE MILK | 15<br>CHICKEN & BISCUIT<br>100 % FRUIT JUICE<br>or<br>FRESH FRUIT VARIETY<br>1% or FAT FREE MILK | 16<br>OATMEAL OR WHOLE GRAIN CEREAL<br>LOW FAT YOGURT<br>100 % FRUIT JUICE<br>or<br>FRESH FRUIT VARIETY<br>1% or FAT FREE MILK | 17<br>SCRAMBLED EGGS<br>WAFFLE<br>BREAKFAST LINK<br>100 % FRUIT JUICE<br>or<br>FRESH FRUIT VARIETY<br>1% or FAT FREE MILK | 18<br>PANCAKES<br>BREAKFAST POTATO<br>100 % FRUIT JUICE<br>or<br>FRESH FRUIT VARIETY<br>1% or FAT FREE MILK |
| 21<br>WHOLE GRAIN FRENCH TOAST<br>100 % FRUIT JUICE<br>or<br>FRESH FRUIT VARIETY<br>1% or FAT FREE MILK | 22<br>SAUSAGE & BISCUIT<br>100 % FRUIT JUICE<br>or<br>FRESH FRUIT VARIETY<br>1% or FAT FREE MILK | 23<br>OATMEAL OR WHOLE GRAIN CEREAL<br>LOW FAT YOGURT<br>100 % FRUIT JUICE<br>or<br>FRESH FRUIT VARIETY<br>1% or FAT FREE MILK | 24<br>ENGLISH MUFFIN SANDWICH<br>100 % FRUIT JUICE<br>or<br>FRESH FRUIT VARIETY<br>1% or FAT FREE MILK | 25<br>WHOLE GRAIN BREAKFAST **SPECIAL**<br>100 % FRUIT JUICE<br>or<br>FRESH FRUIT VARIETY<br>1% or FAT FREE MILK |
| 30<br>MEMORIAL DAY<br> | 29<br>CAMPUS PLANNED MENU<br>  | 30<br>CAMPUS PLANNED MENU<br> | 31<br>CAMPUS PLANNED MENU<br>  | JUN 1<br>QUICK START BREAKFAST ONLY<br>Fresh Selection – made with fresh fruit or vegetable<br>Whole Grain – made with whole grain ingredients |

**Quick Start Breakfast also offered daily—includes a packaged breakfast item or cereal and toast, juice or fresh fruit, and milk.**

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