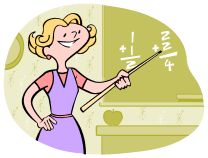
ALDINE ISD ELEMENTARY/INTERMEDIATE MENU

MAY 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
It's About Us Serving You Visit our website at www.aldinecafe.com for additional information. Menus subject to change due to unforeseen circumstances (distributor/vendor outages, etc.)	1 OVEN BAKED CHICKEN or STEAK FINGERS SEASONED ROASTED POTATOES STEAMED SPINACH WHOLE GRAIN MINI BISCUIT FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK SOUTHWEST SALAD	2 CHEESE QUESADILLAS or MUNCHABLE MEAL (Deli Meal Kit with fresh fruit) or CHICKEN POPPER SALAD SEASONED PINTO BEANS ASSORTED FRESH VEGGIES FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	3 MINI-HAMBURGERS or BAKED CHICKEN RINGS or STRAWBERRY ALMOND SALAD FRESH TOSSED SALAD OVEN BAKED FRIES TREAT-SPECIAL FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	4 WHOLE-GRAIN CHEESE PIZZA or GRILLED CHICKEN On Whole Wheat Bun or CHICKEN CAESAR SALAD FRESH TOSSED SALAD STEAMED CARROTS FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK
7 MEATBALLS & FAT-FREE GRAVY or BAKED CHICKEN DIPPERS or CHEF SALAD GREEN BEANS MASHED POTATOES WHEAT ROLL FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	8 PASTA SPECIAL W/ WHOLE GRAIN BREAD STICK or TURKEY & CHEESE SUB On Whole Wheat Bun with Pickle or SOUTHWEST SALAD HOMESTYLE VEGETABLE SOUP STEAMED BROCCOLI FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	9 FIESTA NACHOS or MUNCHABLE MEAL (PBJ Meal Kit with fresh fruit & vegetable) or CHICKEN POPPER SALAD SEASONED PINTO BEANS FRESH ENSALADA FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	10 CHEESEBURGER on Whole Wheat Bun or CHICKEN WRAP or STRAWBERRY ALMOND SALAD FRESH TOSSED SALAD OVEN BAKED FRIES TREAT-JELLO FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	11 WHOLE-GRAIN PEPPERONI PIZZA or BAKED FISH NUGGETS or CHICKEN CAESAR SALAD FRESH SPINACH SALAD STEAMED VEGETABLE BLEND WHOLE WHEAT BREAD FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK
14 OVEN BAKED CHICKEN W/ CORNBREAD or BBQ BEEF ON A BUN or CHEF SALAD STEAMED CARROTS MACARONI & CHEESE FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	15 TACO QUESADILLAS or MUNCHABLE MEAL (Deli Sandwich meal Kit with Fresh Fruit) or SOUTHWEST SALAD SEASONED PINTO BEANS ASSORTED FRESH VEGGIES FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	16 TURKEY & GRAVY or STEAK FINGERS or CHICKEN POPPER SALAD STEAMED RICE SWEET POTATOES HOT ROLL FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	17 HAMBURGER or WHOLE GRAIN CHICKEN CORNDOG or STRAWBERRY ALMOND SALAD FRESH TOSSED SALAD OVEN BAKED FRIES TREAT-COOKIE FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	18 WHOLE-GRAIN CHEESE PIZZA or MINI-CHICKEN SANDWICHES or CHICKEN CAESAR SALAD FRESH TOSSED SALAD WHOLE KERNEL CORN FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK
21 PASTA SPECIAL W/ GARLIC BREAD or WHOLE-GRAIN CHEESE STUFFED BREADSTICKS w/ marinara dipping sauce or CHEF SALAD STEAMED BROCCOLI FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	22 TOASTED TURKEY MELT on whole wheat or BAKED CHICKEN DIPPERS or SOUTHWEST SALAD HOMESTYLE CHICKEN NOODLE SOUP STEAMED MIXED VEGETABLES FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	23 FIESTA TACOS or MUNCHABLE MEAL (PBJ Meal Kit with fresh fruit & vegetable) or CHICKEN POPPER SALAD SEASONED PINTO BEANS FRESH ENSALADA FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	24 CHEESEBURGER on Whole Wheat Bun or BAKED CHICKEN TENDERS or STRAWBERRY ALMOND SALAD FRESH TOSSED SALAD OVEN BAKED FRIES TREAT-FRUIT FREEZE FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK	27 WHOLE-GRAIN PEPPERONI PIZZA or BAKED FISH NUGGETS or CHICKEN CAESAR SALAD FRESH SPINACH SALAD STEAMED VEGETABLE BLEND WHOLE WHEAT BREAD FRESH OR CHILLED FRUIT LOW-FAT OR FAT-FREE MILK
28 MEMORIAL DAY 	29 CAMPUS PLANNED MENU 	30 CAMPUS PLANNED MENU 	31 CAMPUS PLANNED MENU 	JUN 1 EARLY RELEASE Fresh Selection – made with fresh fruit or vegetable Whole Grain – made with whole grain ingredients

Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly. In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.