

What is it?

Learn, Grow, Cook is an interactive opportunity to incorporate nutrition education, gardening, and culinary skills. The program will be available to $4^{\rm th}$ and $5^{\rm th}$ grade students throughout the district as a field trip to the Child Nutrition Center. The capacity per field trip is 25 students. Components of the program are:

- The Learning Lab
 - a. Hands on interactive classroom with designated stations that represent food components.
- 2. The Growing Garden
 - Includes student participation of planting and harvesting seasonal products as well as learning about food agriculture.
- 3. Culinary Kitchen
 - a. Includes cooking and food safety skills for students.

How to Reserve Dates for Learn, Grow, Cook Field Trip Opportunity

Step 1

- 1. Access MOC Reservations through district E-Portal
- 2. Room number for the field trip is 513

Step 2

Select dates available for field trip
*Designated time for field trip is 9:30am- 11:30am

Step 3

Reserve bus through transportation services (fieldtriprequest.com)*Child Nutrition will fund transportation cost